

EXTENSION NEWS!

An Equal Opportunity Institution

September 2022

SOLUTIONS



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Greetings Extension Family,

It's hard to believe that school has started, and Fall is just around the corner. These hot August days will turn into cool (at least slightly cooler) days. As the leaves signal the changing seasons and declining temperature, it is a perfect opportunity to reflect on our hopes for the upcoming season and give thanks.

To the 4-H Families, please make sure you re-enroll in 4-H. Our goal is to surpass our previous 4-H enrollment for 2022-2023. To enroll, go to <https://v2.4honline.com/#/user/sign-in> and follow the instructions. Contact Bryan Danford, 4-H Program Assistant, if you have any technical difficulties.

Jefferson County Extension is here to serve you! If your family needs assistance, whether lawn, garden, health, personal financial management, cooking, canning, nutrition, youth development, or anything in between, call or stop by. We are here to serve you!

Enjoy,

John Lilly
Jefferson County Extension Director/4-H Agent

**UF/IFAS EXTENSION
JEFFERSON COUNTY
2729 W. WASHINGTON HWY.
MONTICELLO, FL 32344
850-342-0187**



WEBSITE:
SFYL.IFAS.UFL.EDU/JEFFERSON/

4-H Youth News

Working Soldiers

"Hello, everyone! It always feels good to accomplish new tasks, and if you can grow a garden, what can't you do? The A&K Barn allowed us to use the backyard of their barn for our fall community garden. Community leader Dr. Rev. James Redman has plowed the garden 16X36 dimension.

The Working Soldiers will plant their fall community garden at 137 West Glenn Rd. Monticello, FL. 32344, Sept. 10, 2022 @ 9:00am.

We will plant collards, mustards, turnips, broccoli, spinach, green beans, and cabbage. Our goal is to educate our club members and volunteers on gardening, watering, nurturing, harvesting, eating, and sharing healthy green veggies with family, and the community, enjoying the cool, crisp outdoors.

The Working Soldiers Club feels that the benefits of gardening are education on planting, relaxing, reducing stress, building self-confidence, family bonding, club bonding, exercising, vitamin D, breathing in the fresh air, and growing natural vegetables without pesticides.

Please call Dawanda Skipworth for more information at 850-508-1775"
-- Working Soldiers



4-H Bilingual Family Fun Day

The 4-H Bilingual Family Fun Day was a SUCCESS! The purpose of this event is to expose the Hispanic community to our signature hands-on programs and activities that Jefferson County 4-H offers in a fun, safe, and nurturing environment. **A heartfelt thank you to the translators: Larry Halsey, Dr. Andrea Albertin, Ana Portillo, and Valerie Mendez-Stansly, for bridging the language barrier. The Jefferson County Extension Staff and volunteer did an AMAZING JOB! Thank you, Ann Herring, for the delicious desserts.**



4-H Youth News



The Life, Liberty, and Livestock 4-H Club is gearing up for the 2022-23 4-H year!

September starts our monthly club meetings every first Thursday of the month at the Jefferson County Extension office at 5 PM.

This month we will focus on upcoming 4-H events and getting all the members reenrolled on 4-H online. It is a perfect time to come out and check out this fun club!



MEETING DATES 2022	MEETING DATES 2023
Sept. 1st	Jan. 5th
Sept. 9th - Animal Showman Ethics Course - Zoom (Deadline to register Sept. 4th)	Feb. 2
Sept. 19th - Goat House Workshop	Feb. 20th- 23rd - North Florida Livestock Show and Sale
Sept. 15th - North Florida Fair Workshop	March 3rd
Oct. 6th	March 11th - Chick Chain Show
Oct. 15th - Cattle Showmanship Workshop	April 6th
Nov. 3rd	May 4th
Dec. 1st	TBD- End of Year Celebration

Chick Chain 4-H Club



FLORIDA 4-H
 Chick Chain

Join 4-Hers from our 16 county Northwest Extension district for a hands-on poultry project. You will learn how to raise and care for chickens.

You will raise three baby chicks to laying age. Along the way, we'll teach you poultry showmanship skills as well as poultry care and nutrition.

At the end of the project, there's a district show where you'll show off your birds and everything you've learned!

Purchase or hatch your chicks from these breeds in September or October:

- Australorp
- Cochin (any variety)
- Delaware
- Orpington (any variety)
- Plymouth Rock
- Rhode Island Red
- Sussex

Cost: \$25 - NWD 4-H Chick Chain Show registration



 Julie P. Dillard,
Washington County 4-H Agent & Project Chair

 850-638-6180

 <https://sites.google.com/ufl.edu/chickchain/home>

4-H Youth News

Pollinator Garden

In March, the UF/IFAS extension office was awarded a \$500 grant from the Apalachee Audubon Society to install a pollinator garden at the Jefferson County Extension Office. The project is ongoing, with a few more pieces being added in the future, including name placards with information.

We are hoping to use this garden for future programs and as a demonstration piece for how to plant a backyard pollinator garden. It will also help you identify plants that fit the area's climate.

We are excited to finally see the project coming to fruition and hope it will grow into a fantastic feature of our office. Come out to our office and check it out and get some ideas on how you can improve your backyard.



Fall Outdoor Adventures

We are calling all outdoor enthusiasts. Would you like to learn new skills and be involved more in the outdoors? Learn about different topics and get hands-on with our new fall adventures.

Every two weeks, a new adventure happens at our site, where you can test your skills and learn new skills.

Email Bryan Danford at bryan.danford@ufl.edu for more information or visit the office for a flyer.

SEPT 10 @ 9AM	Photo Nature Walk
SEPT 24 @ 9AM	Camping 101

Jefferson County 4-H Photography Contest



Join 4H and participate in our County wide photography Contest!

Age Categories:

Cloverbud: 5-7yr olds
 Junior: 8 -10
 Intermediate: 11 - 13
 Senior: 14 - 18

Photo Categories:

People
 Flora/Fauna/Nature
 Other - any 4h oriented activity

IMPORTANT DATES

- AUG 3 – SEPT 30 - CONTEST DATES
- SEPT 27-30 – ENTRIES DUE TO EXTENSION OFFICE
- SEPT 30 - REGISTRATION FOR THE FAIR
- OCT 3 - 7 – PHOTOGRAPHS JUDGED

WORKSHOP SCHEDULE

SEPTEMBER 10 AT 9AM – JEFFERSON COUNTY PHOTOGRAPHY SHOOT AT THE EXTENSION OFFICE

REGISTER FOR WORKSHOPS BY EMAILING BRYAN.DANFORD@UFL.EDU

The Jefferson County 4-H Teen Council

The Jefferson 4-H County Teen Council is a club comprised of teens between the ages of 12-18.

These teens work collaboratively with the Jefferson County 4-H Agent in planning and implementing 4-H Events in the county. In addition, the organization stresses youth leadership training, development, and community service-learning projects.

The Teens Council also plans and implements countywide 4-H programs year-round.

Therefore, council members must be willing to commit time and assume responsibility for formulating, directing, and facilitating events.

The council will meet on the following dates below at 4:00 PM at the Jefferson County Extension Office.

MEETING DATES 2022	MEETING DATES 2023
AUG 22	JAN 9
SEPT 12	FEB 13
OCT 10	MARCH 6
NOV 14	APRIL 10
DEC 12	MAY 8

4-H Youth News

Jefferson County Teen Counselor Officers 2022-2023

- **President:** Samantha Hall
- **Vice-President:** Johnathon Youngblood
- **Secretary:** Jazlyn Russell
- **Assistant Secretary:** Nailia Hill
- **Treasurer:** Victoria Ramirez
- **Sgt. - At- Arms:** Jason Mosley

District Council Delegates:

1. Jazlyn Russell
2. Victoria Ramirez

4-H Day at the North Florida Fair

4-H Day at the North Florida Fair is Saturday, November 12. Jefferson County 4-H will transport 4-H Youth and adult volunteers on the bus to the Fair. The bus will leave the Jefferson County Extension Office promptly at 10:30 a.m. and return around 5:00 p.m. The cost is \$1.00. A dollar will be refunded to the child if they return to the bus on time for departure.

Parents/guardians are responsible for dropping off and picking up their children.

An unlimited ride wristband can be purchased for \$15.00 from the 4-H Office. Wristbands are valid on 4-H Day only. Please provide your child with money for food. The deadline to purchase wristbands is November 1, 2022.



North Florida Fair Exhibits



All entries must be accompanied by an entry form from the North Florida Fair. This Department is open to only bona fide 4-H members in Florida. Each 4-H member will be limited to **one (1) registration form of exhibits with no more than six (6) exhibits in one class, except for classes 12 and 15, where members are limited to only one (1) entry and class 11, limited to three (3) entries.** NO LIVE ANIMAL EXHIBITS WILL BE ACCEPTED IN THIS DEPARTMENT.

Exhibits should express what has been learned through a 4-H experience (such as a 4-H Club Meeting, project, or other 4-H event or activity).

4-H members wish to exhibit articles not affiliated with their 4-H experiences; they should enter the youth section of the **Home Division (Dept. 510)**. A 4-H exhibit can be one or more items made through a 4-H experience (example: dress, pillow, photograph, collections, canning, etc.)

Please [click here](#) for the rules and regulations.

Premium Schedule:

1. Award of Merit: \$12.00
2. Blue Ribbon: \$ 4.00
3. Red Ribbon: \$ 3.00
4. White Ribbon: \$ 2.00
5. Participation: \$ 0.00



All 4-H exhibits (Entry Forms) are due to the Jefferson County Extension Office by Friday, September 30, 2022. **NO REGISTRATION WILL BE ACCEPTED AFTER THAT DATE.**

The deadline to turn in your EXHIBITS to the 4-H Office is Friday, Oct. 21, 2022.

If you have questions, please contact Bryan Danford.

Agriculture & Horticulture News

TIPS FOR FALL GARDENING

Site location



Monitor how much sun your site is getting. Make sure the site gets 6-8 hours of sun per day. If planting in an area already used for spring and summer crops, remove all dead or diseased plant matter, including roots. Work your soil a few weeks before planting, and add organic matter, such as cow manure or compost. Make sure to have the soil re-tested to check the pH level and determine what nutrients you might need to add.

Ensure Healthy Soil



High-quality soil is essential to healthy plants and high yields. Plants cannot thrive without healthy soil. Nutrients, minerals, and microbes are all present in healthy soil. It is essential to protect healthy soil, so mulch it as much as possible and keep foot traffic to a minimum. If the existing soil is in good shape and drains well, aim for a half-and-half mix of soil and rich compost.

Choose Seasonal Varieties



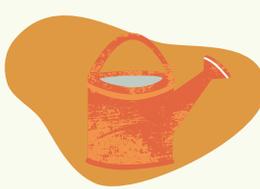
Start with a few varieties of vegetables known to grow well in your area. Some cool-season vegetables are Bok Choy, Broccoli, Cabbage, Carrots, Collards, Kale, Mustards, Onions, Turnips, Spinach, and more!

Pest Control



Aphids and other pests thrive in the cooler weather of a fall garden and love the tender new growth of young plants. Pests are attracted to sickly or diseased plants. Keeping your plants healthy is the best defense. Supporting an ecosystem is part of maintaining an organic garden, but organic pest control is also sometimes needed.

Water Your Plants Regularly



Watering seems obvious but is often overlooked. A plant lacking water has curling leaves, drooping plant growth, and stunted production. If your plants are stressed from lack of water, they will show signs of distress. Newly-planted seeds must be kept moist. An automatic system for watering is best.

Agriculture & Horticulture News

Big Bend Pesticide Training Series

UF/IFAS Extension Gadsden County will host this year's Big Bend Pesticide Training Series. The series is a multi-county collaboration between Gadsden, Leon, and Jefferson County Extension Agents. The series is scheduled for September 12-15th at the Gadsden County Extension Office (2140 W. Jefferson St., Quincy, FL).

This series offers various pesticide CEUs, including some hard-to-find categories such as aquatics and right-of-way. The different sessions can serve as a review for the corresponding exams, or they can be used to obtain CEUs in specific categories. Registration is \$15/session, and refreshments will be provided.

Big Bend Pesticide Training Series Agenda:

All times are in Eastern Standard Time (EST)

Monday, September 12th: 8:30-11:00AM – CORE with Exam (3 487 & 2 482 CEUs)

- 1:00- 3:30PM – Private/Row Crop with Exam (3 CEUs)

Tuesday, September 13th: 8:30-11:00AM – Right-of-Way with Exam (3 CEUs)

- 1:00- 3:30PM – Aquatic with Exam (3 CEUs)

Wednesday, September 14th: 8:30-11:00AM – Ornamental & Turf (3 CEUs)

- 1:00- 3:30PM – Natural Areas (3 CEUs)

Thursday, September 15th: 8:30- 11:00AM – Forestry with Exam (3 CEUs)



For more information, please contact the Gadsden County Extension Office at 850-875-7255.
Eventbrite Link: <https://bigbendpesticideseries.eventbrite.com/>

Family & Consumer Sciences News

UF | **IFAS Extension**
UNIVERSITY of FLORIDA



GOT 30?

Improve your health in only 30 minutes a day!

Jefferson County

Join us for

Let's Walk Florida!

Compete with others from your county and around the state to earn awards and prizes!

Teams and solo-walkers are welcome!

Start Date: September 12, 2022

Registration Fee: \$10.00

Contact:

Melanie Southerland
UF/IFAS Extension Jefferson County
2729 W. Washington Hwy.
Monticello, FL 32344
Phone: (850) 342-0187
Email: melmcafee@ufl.edu

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**COOPERATIVE
EXTENSION**
COLLEGE of AGRICULTURE and FOOD SCIENCES

Let's Walk Florida! is a 10-week, virtual educational program designed to help Floridians achieve health through physical activity.

You will:

- Receive weekly Health eGuides delivered to your phone or email
- Attend group check-ins with county-based health educators
- Join our virtual community to track your progress for accountability and support
- Participate in physical activity challenges with other walkers and teams!

FOR MORE INFORMATION &
REGISTRATION

<https://LWF.ifas.ufl.edu>

An Equal Opportunity Institution

FAMU Extension News

FIELD DAY AND ENTOMOLOGY WORKSHOPS

November 2 - 3, 2022

Pest control professionals in need of continuing education credits in public health, general household pests, fumigation, lawn and ornamental, wood destroying organisms, and core are encouraged to attend. Several state certifications are available.

For more information, please contact Subrina Hayes at subrina.hayes@famuedu.



2022 In –Person 4-H National Summits in Washington D.C

PLEASE SEE BELOW FOR THE DIFFERENT SUMMITS AND DATES OFFERED THIS UPCOMING YEAR.

- **STEM Summit**
 - September 15th—18th

FAMU Tech Changemakers

We Want YOU!

Tech Changemakers is a program designed to pair teenagers (who are very tech literate) with older persons in the community to teach them valuable tech skills to make them more employable and confident in the ever-growing/changing workplace.

FAMU Tech Changemakers is recruiting motivated teenagers interested in helping close the digital divide gap.

4-H-TECH CHANGEMAKERS

Become a 4-H Tech Changemaker!!

Inequitable access to technology and digital skills is impacting opportunities for people nationwide. Would you like to make a difference as a 4-H Tech Changemakers?

You can become a digital skills trainer, build your resume, increase your leadership skills, and advocate for increasing digital inclusion in your community.

To learn more, check out <http://4-H.org/TechChangemakers>

4-H Tech Changemakers is a:

- > unique opportunity to learn new skills for college or career.
- > great way to build your network.
- > great way to build your knowledge about teamwork, communication, public speaking, teaching, facilitating, and civic service.

Contact Sabrina Hayes, FAMU 4-H Agent, to learn more about local efforts to address digital inclusion.	
Sabrina Hayes	OFFICE ADDRESS: 2010 Pinder Drive Tallahassee, FL 32307
PHONE: 850-412-5714	EMAIL: sabrina.hayes@famuedu
SOCIAL MEDIA: https://www.facebook.com/famuxext	

PROGRAM IS SUPPORTED BY:

LAND O' LAKES, INC. Microsoft TRACTOR SUPPLY CO. verizon

September

Mon	Tues	Wed	Thurs	Fri	Sat / Sun
			1 Life, Liberty, and Livestock Club meeting	2	3 4
5 Labor Day Office Closed	6	7	8 4-H Club Leaders Mtg. 5PM @ Extension Office	9 Animal Ethics Course (Zoom)	10 Photography Workshop/Outdoor Adventures Goat House Workshop Working Soldiers Garden 11
12 Teen Council Meeting Let's Walk Florida Start	13 Big Bend Pesticide Training Series	14	15 North Florida Fair Workshop	16 4-H STEM Summit	17 18
19	20 New Teen Retreat Planning Mtg. Via Zoom @ 6:30	21	22	23	24 25
26	27 Photography Contest Entries Due	28	29	30 Photography Contest Ends North Florida Fair Photography Contest Submissions Due	

Life, Liberty and Livestock Club meeting - September 1st
 Labor Day - September 5th
**Office Closed*
 4-H Club Leaders Meeting at the Extension Office- Sept. 8th
 Animal Ethics Training Course (zoom)- September 9th
 Photography Contest Workshop - September 10th
 Goat House Workshop with Life, Liberty, and Livestock Club - September 10th
 Working Soldiers Garden- September 10th
 Let's Walk Florida Starts- September 12th
 Teen Council Meeting - 12th
 Big Bend Pesticide Training Series - September 12th- 15th
 4-H STEM Summit - September 15th - 18th
 North Florida Fair Workshop with the Live, Liberty, and Livestock Club - September 15th
 New Teen Retreat Planning Meeting (Zoom)- September 20th
 Photography Contest Entries Due - September 27th - 30th
 Photography Contest Ends - September 30th
 Photography Contest for North Florida Fair Registration - September 30th

Upcoming October Events

North Florida Fair Animal Project and other Exhibits Registration Deadline - October 1st
 Life, Liberty, and Livestock Club Meeting- October 6th
 Photography Contest Entries Judged- October 3rd - 7th
 Teen Council Meeting- 10th
 Cattle Showmanship Workshop with Life, Liberty, and Livestock Club - 15th
 North Florida Fair Exhibits Deadline - October 21st

Meet the Staff!



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