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CALENDAR OF EVENTS

EXTENSION STAFF

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## UF/IFAS & FAMU EXTENSION JEFFERSON COUNTY EXTENSION NEWS!

May 2022



#### Greetings Extension Family,

It is hard to believe we have nearly completed another 4-H year, and soon school will be out. Even though many of us will be continuing 4-H activities throughout the summer, others will travel, vacation, or move on to other things.

However, ending the school year brings to mind a particular group...our graduating seniors. The Jefferson County Extension staff wishes you much happiness and success in your future endeavors.

The month of May falls between spring and summer. This is the perfect time to get outside and plant your favorite vegetables or restore that flower bed screaming for your attention for the past several months. As always, the Jefferson County Extension staff is available and ready to assist you. Please call or stop by.

Enjoy,

John Lilly Jefferson County Extension Director/4-H Agent

### **4-H County Events Held**

4-H County Events were held on Saturday, April 9, at the Jefferson County Extension Office. Participants chose individual topics for demonstration/illustrated talks. The event's overall purpose is to develop and promote life skills needed to research, organize, and present their speech. In addition, participants learn to be attentive to personal appearance and sharpen their skills in persuasive speech.

#### **General Public Speaking**

Junior Division, 8-10 years old

Reign Carillo – Gen Public Speaking – Junior Division – "Filipino Born, American Raised"- 1st place -Blue
Ribbon

Intermediate Division, 11-13 years Old

Maggie Walker, "North Florida Citrus," 1st-place, Blue Ribbon

#### Demonstration/Illustrated Talks



Junior Division-

- Zamiya Kennedy Food Preparation Healthy Lifestyle "Dive in w/ Oceanwater" 1st place- Blue Ribbon.
- Isabelle Scott Animals/Husbandry "I'm Cuckoo for Dodo Birds"- 1st place- Blue Ribbon.
- Gabrielle White Plants/Gardening "How to Plant Tulips in a Pot" 1st place- Blue Ribbon.
- Sulyria Bellamy Expressive Arts/Leisure & Performing Arts "How to make Strawberry slime"- 1st place- Blue Ribbon.

#### <u>Senior Division – ages 14-18</u>

- Johnathon Youngblood Healthy Living/Food Nutrition "Eat Healthy, Live Better" 1st place- Blue Ribbon.
- Shaqaysia Mosley Science & Technology/Computers- "Internet Safety for Teens"

All participants will compete at 4-H District III Showcase on Saturday, April 23, at the Wakulla County Extension Office.

Special thanks to our phenomenal judges: Chef Valerie & Jon Martin, Emmerald Graham, and Mary Frances Grambling.





### **4-H DISTRICT III SHOWCASE HELD**

4-Hers and parents traveled to the Wakulla County Extension Office on April 23 to participate in 4-H District III Showcase. Nine youth from Jefferson County competed in the event. The results are as follows:

#### General Public Speaking

Junior Division

• Reign Carillo – "Filipino Born, American Raised" – 1st place blue rosette & blue quality strip ribbon

#### Intermediate Division

• Maggie Walker, "North Florida Citrus"" – 1st place blue rosette & red quality strip ribbon

#### Demonstration/Illustrated Talks

#### **Junior** Division

· Zamiya Kennedy – Food Preparation – Healthy Lifestyle – "Dive in w/ Oceanwater" – 2nd place red rosette & red quality strip ribbon

· Javarion Ulee - Food Preparation - Healthy Lifestyles - "America's Milkshake" -1st place blue rosette & blue quality strip ribbon

• Isabelle Scott – Animals/Husbandry "I'm Cuckoo for Dodo Birds" Isabelle Scott – Animals/Husbandry "I'm Cuckoo for Dodo Birds" – 1st place blue rosette & red quality strip ribbon

· Gabrielle White - Plants/Gardening "How to Plant Tulips in a Pot" – 1st place blue rosette & blue quality strip ribbon

 Sulyria Bellamy - Expressive Arts/Leisure & Performing Arts - "How to make Strawberry Slime" -1st place blue rosette & blue guality strip ribbon

#### Senior Division

• Johnathon Youngblood – Healthy Living/Food Nutrition "Eat Healthy, Live Better" - 1st place blue rosette & blue quality strip ribbon

 Shaqaysia Mosley– Science & Technology/Computers- "Internet Safety for Teens" 1st place blue rosette & blue quality strip ribbon

Johnathon Youngblood and Shaqaysia Mosley will compete at 4-H University on July 25, 2022.









### **4-H University**

4-H University is all about having fun, making new friends, and learning! Florida 4-H University County Events by completing a is a four-day and three-night event for young adults held at the University of Florida from July 25, 2022, through July 28, 2022.

This event is open to teenagers between 14-18 years of age. Attendees can participate in educational workshops led by University of Florida faculty, explore career opportunities, lead community service activities, interact with youth from all over the state.

4-H University is FREE to teens that participate in Demonstration/Illustrated Talk or General Public Speaking. For non-county event teens, the fee is (half of the original price).

The deadline to register for 4-H University is May 1 thru June 17, 2022. For more information, please go to http://4huniversity.com/ Please contact Mr. John Lilly if you have any questions.



### **Hickory Hill 4-H Club**

On April 16, the Hickory Hill 4-H Club celebrated Easter weekend with lots of fun activities. The club made pigs in a blanket, colored eggs, and had a fantastic Easter egg hunt.

A grand prize egg was stuffed with a crisp \$5.00 bill. After the hunt, club members ate pigs in the blanket, and eggs and received lots of candy.

For more details or if you have any questions about the Hickory Hill 4-H Club, please contact Ruth Ann Scurry at ruthann997@hotmail.com.

The next meeting is scheduled for May 14 at 10am at the Jefferson County Extension Office.



For more information or if you are interested in having these programs in your classroom, please call 850-342-0187 or email: John Lilly at jgl@ufl.edu

### **After School Programs**

During this spring semester youth in the afterschool program have participated in many hands on environmental educational programs including map reading, navigation, learning about the compass, what's in the water, and others. Every two weeks or so Bryan, the program assistant, went and put on these fun programs. If you are interested in having unique hands on programs at your facility please feel free to contact us and we can set it up.



### **Saturday Outdoor Programs**

#### Jefferson County Extension office is proud to

#### introduce Outdoor Saturdays!

Calling all outdoor enthusiasts! May 14th is the last program till fall for our outdoor programs. During this program we will look for wildlife critters and get hands on with our nets and see what we can scoop up. We will also do a Wildlife STEM activity and find out what animal fits where. Come enjoy the fun.

#### Register by emailing the program assistant at bryan.danford@ufl.edu. Walk ins are also welcome but please try to

register.



### District Florida 4-H Public Speaking Contest

Congratulations to Emery Simon & Bailey Fletcher. Both participated in the 4-H District III Florida 4-H Public Speaking program on Saturday, April 23. Participants received a gold 4-H medallion, a certificate, and a star. Thank you both for representing Jefferson County at the district level. We are so proud of you!

Thank you Florida Power & Light for your support of this fantastic program.



Baily Fletcher participated in the 6th grade division. The title of his speech, "The JV Football Experience ."



Emery Simon participated in the 4th & 5th-grade division. The title of her speech, "The American Dream."



#### **Cloverbud Day Camp**

Ages: 5-7 yrs old (10 spots available) When: July 6th - 8th , 8am - 12 pm Where: UF/IFAS Jefferson County Extension Office Cost: \$20 (Deadline to register June 24th)

#### **Activities Include:**

- Crafts
- Outdoor Cooking
- Organized Recreation

#### **Jefferson County Summer Camps 2022**

To register for camp, please come by the:



Jefferson County Extension Office at 2729 W Washington Hwy or call us at 850-342-0187

Day Camp Fees will be paid at registration.

Fees and deposits are non-refundable.

Must be of age requirement on September 1, 2022 for all camps.

#### Wildlife Day Camp

\*\* In collaboration with Leon County Extension

**Ages:** 10-15 yrs old (30 spots available) **When:** June 27th - July 1st , 8am - 5pm **Where:** UF/IFAS Jefferson County Extension Office

Cost: \$35 (Deadline to register June 17th)

#### **Activities Include:**

- Forestry
- Wildlife
- Conservation

#### Field -to- Fork Day Camp

Ages: 11-14 yrs old (15 spots available) When: June 6th -10th, 8am - 4pm Where: UF/IFAS Jefferson County Extension Office

### **Cost:** \$ 30 (Deadline to register May 27th) **Activities Include:**

- Farm Tour & Processing Facility Tour
- Hands-on Gardening, Cooking, Grilling
- Grilling Contest

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# Agriculture & Horticulture News



### Moving into a New Role with UF/IFAS Extension Danielle Sprague, UF/IFAS Jefferson County

It's hard to believe I have been the Jefferson County Agriculture and Natural Resources Agent for almost 4.5 years! They aren't kidding when they say, "time flies when you're having fun". I have truly enjoyed my time as the Agriculture and Natural Resources Agent here and am so thankful for the support I have received from this amazing community, but a new opportunity to support the agriculture industry is calling and luckily it's not too far away! I am excited to say I will be transitioning into a new position with UF/IFAS Extension as a Multi-County Commercial Horticulture Agent based in Gadsden County. While my new position will be based out of Gadsden County, as a Multi-County Agent, I will still be able to support Jefferson County agriculture in the areas of commercial citrus, vegetables, and nurseries.

When I first started in Jefferson County, I didn't know a single soul. I've spent the last 4.5 years working hard with the help of my advisory committee, Extension team, and members in the community to establish an Agriculture and Natural Resources program and I'm very proud of what we've accomplished. Below are a few highlights.

Agriculture and Natural Resources program support consisted of \$16,720 in sponsorships and grants awarded for on-farm research and



Extension in Jefferson County as well as \$43,976 in in-kind donations through monetary donations, volunteers, donated supplies, and equipment usage.

Over 2,706 people were impacted by 83 classes or programs related to integrated pest management, sustainable agricultural practices, gardening, and so much more. We've offered pesticide trainings, produce safety trainings, agricultural related 4-H camps, and gardening workshops.



# Agriculture & Horticulture News



In addition to the workshops and classes offered, were the individual consultations such as field visits, office visits, phone calls, and emails to address clientele specific questions related to their agricultural operation, invasive species management, pest identification management, lawn and garden practices, and other natural resource related topics. These individual consultations totaled 2,817 over the span of the last 4.5 years!



My transition into the new position will begin the end of May through June. I truly cannot thank the community enough for their help, assistance, guidance, and support. You all have welcomed me with open arms and treated me with such kindness, respect, patience and for that, I am so thankful! I look forward to moving into a role where I can continue to support the growing citrus industry in North Florida as well as the commercial vegetable and nursery industries. And, as always, I'm just a phone call away.

### Watermelon Festival!

The UF/IFAS Jefferson County Extension Office will be planning float in the upcoming Watermelon Festival (June 16th- 18th) parade! Would you or your club/organization like to be involved in our float? If so, please contact Mr. John Lilly at jgl@ufl.edu or Ana Portillo at ana.portillo@ufl.edu. We can't wait to see you all at the festival!





# **Family & Consumer Sciences News**

### CHILDREN ARE OUT FOR THE SUMMER! 🔆

Now that summer is here; your children may have fewer structured activities; it is vital to keep children busy and safe during their summer break. Here are some tips for what to do during this funny and sunny time:









HERE!

May 18th

### **Parents Prepare for the Summer**

1. Review the school year with your child's primary teacher. Find out what material was difficult this past year to understand your child's strengths and weaknesses.

2. Doctors, Medications, and Testing – summer is a valuable time to do yearly check-ups with your local doctors, such as dental, health, vision, and specialist.

3. Summer Homework – research shows that children can benefit from continuous learning over the summer so they will not fall behind when reviewing topics at the beginning of school.

4. Summer Camps – when you find a camp, research the agenda for the camp and speak to families who attended the camp before you decide to register your child. Some camps can be pricey, so research your local churches, schools, youth programs, and other non-profit organizations within your community that offer free or discount rates.

5. Fun and Games – sports can help with excess energy, concentration, focus, and commitment. Group sports can help with self-esteem, teamwork, and communication skills.

6. Transitioning – before school starts, introduce your child to their new teachers, school, and clarify any assignments. This will allow the child time to continue to relax right before school starts.

7. Relax – try to relax and do fun indoor and outdoor activities as a family.



For more information about Family and Consumer Sciences please call 850-342-0187 or email: Gretchen Thornton at<u>gthornton1@ufl.edu</u>.

# **FAMU Extension News**

# How can you get involved with FAMU 4-H?

### NATIONAL 4-H STEM CHALLENGE— GALACTIC QUEST

Kids learn foundational STEM skills while they wrestle with the same questions as today's top aerospace scientists and engineers!



Activities can be done all at once or individually, making it great for classrooms, afterschool programs, clubs, parents, and more.

### **FAMU Tech Changemakers**

We Want YOU!

Tech Changemakers is a program designed to pair teenagers (who are very tech literate) with older persons in the community to teach them valuable tech skills to make them more employable and confident in the evergrowing/changing workplace.

FAMU Tech Changemakers is recruiting motivated teenagers who are interested in helping close the gap of the digital divide.



#### 2022 In –Person 4-H National Summits in Washington D.C

PLEASE SEE BELOW FOR THE DIFFERENT SUMMITS BEING OFFERED THIS UPCOMING YEAR AND THE DATES.

- Citizenship Washington Focus
  - June 5th—July 16th (week long programs)
- Leadership Washington Focus
  - July 18th—July 22nd
- STEM Summit
  - September 15th—18th

### Agri-STEM

Agri-STEM is a program that teaches students about multiple areas of agriculture that uses science, technology, engineering, and mathematics in their everyday practices.

The Areas of Agriculture Include:

- Natural Resources
- Veterinary Technology/ Animal Science
- Biological & Agricultural Systems Engineering
- Food Science
- Entomology

# MAY

Mon	Tues	Wed	Thurs	Fri	Sat / Sun
					1
2	3	4 4-H Ecology Field Day	5 Life, Liberty, & Livestock Club Meeting	6	7 Mother's Day 8
9 Teen Council Meeting	10 STEM Family Fun Night	11	12 End of year 4-H School Club Party	13	14 Outdoor Program 15
16	17	18 Living Well Wednesdays	19	20	21 22
23	24	25	26	27 Deadline to register for Field-to-Fork Camp	28
30	31				29

Field Ecology Day - 4th Mother's Day - 8th STEM Night - 10th School 4-H Clubs Awards and Celebration - 12th Living Well Wednesdays - 18th Outdoor Saturday Program - 14th Deadline to register for Field to Fork camp- 27th

#### Upcoming June and July Events

Field-to- Fork Camp - June 6th - 10th Watermelon Festival - June 16th - 17th Father's Day - June 19th Camp Counselor Training - June 24th Wildlife Camp - June 27th - July 1st Independence Day - July 4th \* *Extension Office Closed* Cloverbud Camp - July 6th - 8th FAMU Agri-STEM Camp - July 11th - 15th

# Meet the Staff!



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