

**OPEN TO THE  
PUBLIC**

The Savvy Senior is a lunch and learn program for older adults who want to learn more about creating and maintaining healthy, happy, and active lifestyles.

There is no charge;  
just bring your lunch.  
Drinks will be provided.  
Please RSVP to  
850-523-7333.

The Jefferson County  
Savvy Senior  
will be held at the

Jefferson County R.J.  
Bailar Public Library  
375 South Water Street  
Monticello, FL



**Live Well.**  
**CAPITAL HEALTH PLAN**



An Independent Licensee of the Blue Cross and  
Blue Shield Association

**Capital Health Plan Proudly Presents**

# THE Savvy SENIOR

**Join us Thursday, October 20, at 12:15 pm**

**Featuring**

## Medicare Advantage Update: Outlook: 2012

Presented by: Melissa Dancer-Brown, RD, LD/N

Hosted by: Anna Johnson Riedel



Melissa Dancer-Brown is a Medicare Sales Representative with Capital Health Plan.



Anna is one of the most familiar faces in North Florida as the former morning host for WCTV's "Good Morning Show."

**Some things get better with age.  
Capital Health Plan is one of them.**

Capital Health Plan is a health plan with a Medicare contract. If you have questions or for accommodation of persons with special needs at sales meetings call 850-523-7441 or 1-877-247-6512 (TTY 850-383-3534 or 1-877-870-8943), 8 a.m. to 8 p.m., seven days a week. A licensed, authorized representative will be present with information and applications for Capital Health Plan Medicare Advantage (HMO) plans.

H5938\_DP 199 File & Use 10102010